



# Carol Fox

**SPORTS INDUSTRY PROFESSIONAL – BOARD MEMBER**

## PROFILE

As a capable leader with a life-long involvement in the sports industry I have extensive experience in the areas of business, sport, education and professional development.

As an expert public speaker and accomplished networker, I thoroughly enjoy contributing to and working with all levels of the sporting sector.

## EXPERIENCE

### **Life Performance Pty Ltd 1999 – Present**

Speaker, Author, Workshop Facilitator – leadership, MC, Executive Coach.

### **Victoria University 1987-2001**

Lecturer & Subject Co-ordinator in Sports Administration degree

Lecturer & Subject Co-ordinator in Human Movement Degree.

### **Victorian Water polo 1991-1993**

Executive officer

## SKILLS

- Team management & leadership
- Stakeholder engagement
- Expert in communication skills
- Extensive business skills
- Governance and risk management
- Diversity & Inclusion

## EDUCATION

Graduate, *Australian Institute of Company Directors*

Masters Research Degree, *Victoria University*.

Graduate Diploma in Education, *Hawthorn Institute of Education*

Bachelor Applied Science Phys Ed, *Victoria University*

## BOARD EXPERIENCE

- Women Sport Australia – President/ Chair
- Football Vic – Chair- Standing committee for women & girls in sport
- Lorne SLSC – Executive
- Lifesaving Victoria – Council of lifesaving delegates
- Australian Board NLP



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